

NAVIGATING CAREGIVING

You are not alone on this journey.
Find the help and resources you need here:

Financial help to provide better care

- Care Services Recommender by SupportGoWhere ●
- Self-Assessment Tool by AIC ●
- Home Caregiving Grant
- Migrant Domestic Worker Levy Concession

Information and resources

- Enabling Guide ●
- DementiaHub.SG
- HealthHub App
- My Legacy Website
- We See You Care by AIC ●

Being equipped with knowledge and skills

- Caregiver Learning Roadmap ●
- Caregiver Training Courses
- (TBC) SSG under CG training

Assistive technology for your loved one

- Assistive Technology Fund ●
- Seniors' Mobility and Enabling Fund ●
- Tech Able

Advice and emotional support

- Family and friends
- Online and local community groups
- CaringSG ●
- Caregivers Alliance Limited Helpline | 6460 4400
- Care Corner Counselling Hotline (Mandarin) | 1800 353 5800
- Dementia Helpline | 6377 0700

- For caregivers of persons with disabilities
- For caregivers of seniors

Scan for more information and resources



An initiative by



We See You Care

SG ENABLE
Inclusive society. Enabled lives.