

What's Next?

Planning For The Future
After Graduation.

Post-18
Resource Kit



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For feedback and enquiries, please contact SG Enable:

P 1800 8585 885

E contactus@sgenable.sg

Note

This document is intended to better support users in the post-SPED transition planning process with information consolidated in a single place for easy reference. It does not constitute an approval or endorsement of the programme/resource/service.

While every effort is made to ensure that the information in this document is accurate and current at the point of release (November, 2023). Do check with the programme/resource/service provider directly for the latest information.



A World of Possibilities Awaits!

While starting a new chapter of life after graduating from Special Education (SPED) schools can seem challenging for students with special needs and their caregivers, it can also bring opportunities for growth and fulfillment.

It is important to recognise each student's unique strengths and aspirations. SPED schools help students and families manage this change by creating tailored Individual Transition Plans and this resource kit further supports them with options and possibilities they can consider as they decide on what's next for the future after graduation.

Together, we celebrate and support every graduate's achievements and abilities as they forge ahead in their transition from school to life.

For a comprehensive guide on the options available after graduation, the Enabling Guide at enablingguide.sg/disability-info/life-stages-transitions is also a valuable resource.

Please note that the information listed is not exhaustive. We welcome your inputs on other programmes, resources and/or services that you might know which are not currently included, as well as any suggestions for improvement.

A framework to help us understand post-18 options

Post-18 options refer to the entries shown within this resource kit, organised into broad categories. Note that the post-school option(s) identified by the SPED school for a graduating student is not fixed – it can change and move across the spectrum of categories, depending on needs and life stages.



LIVING

Continue to learn/maintain daily living skills and lead fulfilling lives.



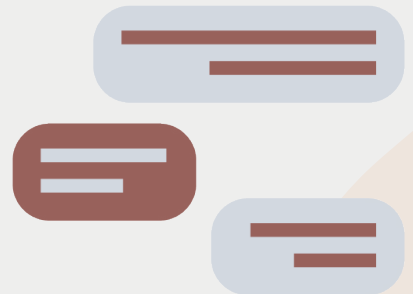
LEARNING

Continue to cultivate talents and maximise potential by engaging in lifelong learning.



WORKING

Participate in meaningful employment with inclusive employers.



Diverse Pathways, Multiple Options

■ LIVING ● LEARNING ▲ WORKING

Entries listed within this Post-18 Resource Kit are organised into the following categories:



Community Programmes

These are programmes and services available in the community for persons with disabilities, offered by social service agencies, social enterprises, government agencies, private entities, etc.

These programmes cover a variety of interests, including music, dance, sports, and art.



Lifelong Learning

Programmes and services offered by various providers for lifelong learning to equip participants with the tools to conquer new challenges, gain confidence, and embrace opportunities.

Graduating SPED school students may further their education by pursuing vocational programmes in a SPED school or vocational institution, or pursue further studies at an Institute of Higher Learning, depending on their interests, strengths, and aspirations.

Employment



Open Employment

Being hired by an employer in the open market.

Supported Employment

Being hired by an employer with sustained job support. The job scope and/or tasks may be customised to suit the abilities of the person with disability.



Sheltered Workshops



Sheltered Workshops offer vocational training and/or employment to adults with disabilities where open employment is not suitable or appropriate.



Day Activity Centres



Day Activity Centres are community-based facilities for persons with disabilities to develop daily living and community living skills to maximise their independence.

OTHER RESOURCES

This includes resources and subsidies for persons with disabilities to better support and enable them to live, learn and work in the community.

8 Meet Mike, Hannah & John!

Meet Mike!

Mike is hardworking, sensitive to heat, outdoorsy, sporty, happy-go-lucky, and not ready for employment



Needs help to **take breaks** and **pace his work** with occasional reminders



Requires help with toileting and daily hygiene



Needs a **cool and quiet space** to calm down when overworked and agitated



Prefers to follow a **daily routine** and appreciates **advance notice** of any significant changes

An engaged and meaningful daily routine.

Mike can pursue his passion for basketball by participating in **Community Programmes**. He can also enhance his adaptive daily living skills through community-based service providers.

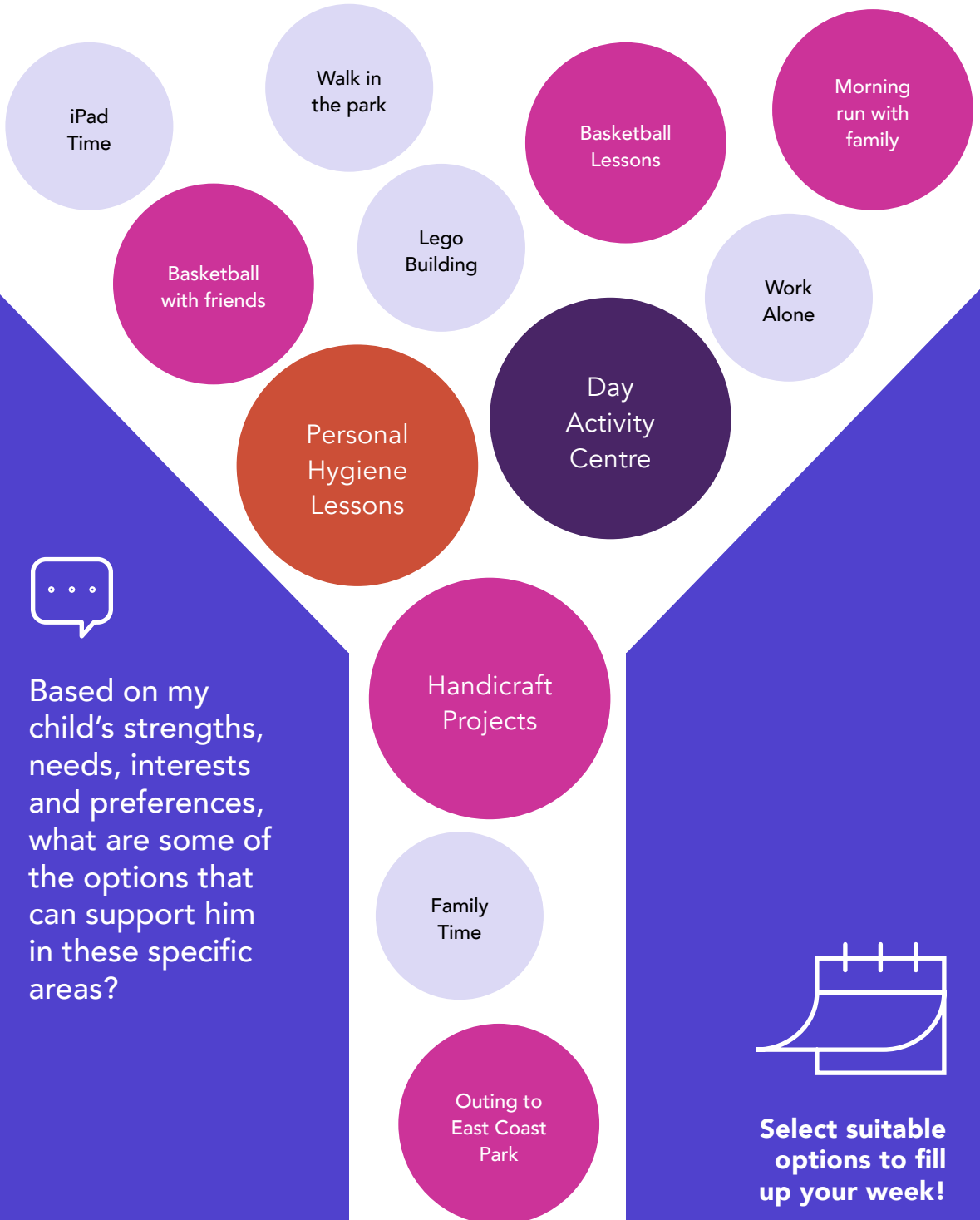
While traditional employment may not be suitable, Mike can explore work-readiness skills through selected Community Programmes from home, with caregiver support.

As he continues to need support with basic needs, Mike can enhance his daily living skills with the guidance of a chosen **Day Activity Centre**.

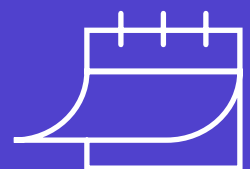
He can also access relevant classes within the community to ensure **Lifelong Learning** as he continues to learn important skillsets.

Caregivers can engage Mike in productive activities that align with his skills, keeping him engaged and helping him progress.

For Mike, there are multiple options available in the Post-18 Resource Kit that can make his week vibrant and purposeful.



Based on my child's strengths, needs, interests and preferences, what are some of the options that can support him in these specific areas?



Select suitable options to fill up your week!

10 Meet Mike, Hannah & John!

Meet Hannah!

Hannah is artistic, keen about animals, a bus enthusiast, and sensitive to noise like babies crying.



Daily bus rides are **essential**. She hopes to commute independently on bus rides, as part of daily routine.



Requires a **calm and supportive environment** away from disruptive noise to keep calm.



An **avid animal lover** who regularly visits Singapore's wildlife parks.



Needs to actively improve on the ability to **express needs appropriately** and seek help.

Gets exceptionally focused when immersed in **artistic endeavours**, and thrives on praise and feedback.



Open to looking for **part-time employment** that aligns with her passion for art.



An engaged and meaningful daily routine.

Hannah can explore diverse community arts programmes that match her passion and abilities, fostering her artistic growth and offering part-time **Employment** possibilities in the arts.

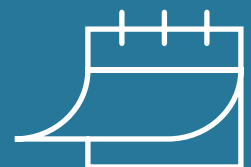
Staying active, whether swimming nearby or spending time with animals at **Community Programmes** or her favourite wildlife park, is vital for her well-being.

Apart from her regular Day Activity Centre routine, Hannah can dedicate time in enhancing communication and public transport skills through community classes, fostering **Lifelong Learning** and personal growth.

Exploring the options in the Post-18 Resource Kit, can make Hannah's week more meaningful and enriching.



Based on my child's strengths, needs, interests and preferences, what are some of the options that can support her in these specific areas?



Select suitable options to fill up your week!

12 Meet Mike, Hannah & John!

Meet John!

John is an avid sportsman who loves football, and is sociable and detail-oriented.



His phone is a crucial part of his life as he uses it to **stay connected** with his friends.



He is protective of his phone and hopes to learn and practise cyber wellness to better **protect himself** online.



He is currently learning how to access sports facilities through the ActiveSG app and would appreciate more **guidance**.



When he gets **distracted** and **forgets** things, he prefers explanations using **visual aids**.

He wants to **pursue employment** to sustain a vibrant social life, and is currently receiving training for an office job.



He appreciates being spoken to **slowly** and **calmly**. He may lose his temper and thump the desk if spoken to in a loud and stern way.



An engaged and meaningful daily routine.

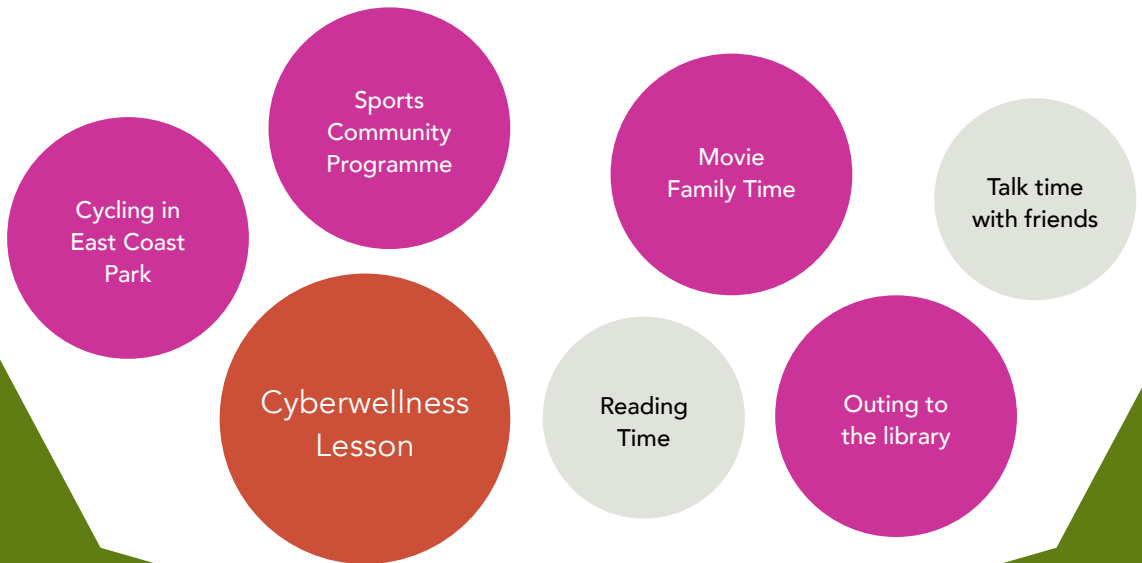
Given his reliance on communication devices, John needs to become well-versed in cyber wellness to stay safely connected to his peers. This requires a commitment to **Lifelong Learning**, which can be achieved by attending relevant courses.

Engaging in **Community** sports activities and programmes will not only keep him physically fit but also nurture his passion and social skills through like-minded friendships.

He can also explore employment opportunities that align with his interests, such as training to be a certified coach.

He can also continue receiving support through his current path of supported **Employment**.

The multiple options available in the Post-18 Resource Kit can help make John's week more dynamic and engaging.



Based on my child's strengths, needs, interests and preferences, what are some of the options that can support him in these specific areas?



Employment Training



Morning run with family



Visit to the nearby park



Select suitable options to fill up your week!



Community Programmes

These are programmes and services available in the community for persons with disabilities, offered by social service agencies, social enterprises, government agencies, private entities, etc.

These programmes cover a variety of interests, including music, dance, sports, and art.

A Little RAW Persons with Disabilities

Inclusive training programme for young aspiring dancers with diverse abilities, who can learn contemporary dance techniques and creative techniques. Trial classes are available.

ORGANISATION

RAW Moves Ltd

PHONE

9362 9931

WEBSITE rawmoves.net/a-little-raw-programmes

EMAIL rawmoves.main@gmail.com

ADDRESS Goodman Arts Centre, 90 Goodman Road, Block B, #01-08 Singapore 439053

Abilities Beyond Limitations and Expectations (ABLE) Physical Disabilities

This social service agency provides people with physical challenges and their caregivers a range of services. These include rehabilitation, art and music therapy programmes, training sessions to enhance social skills and facilitate the transition to independent living.

ORGANISATION

ABLE

PHONE

6801 7460

WEBSITE able-sg.org/our-services/programmes-and-training

EMAIL enquiries@able-sg.org

ADDRESS Agape Village, 7A Lorong 8 Toa Payoh #02-09, Singapore 319264

Adaptives CrossFit by Innervate Fitness Persons with Disabilities

A social enterprise gym and fitness company that offers a CrossFit training programme specifically developed for persons with disabilities, senior citizens, and at-risk youth. Sessions are conducted in a group.

ORGANISATION

Innervate Fitness

PHONE

8886 3099

WEBSITE innervatefit.com/adaptives

EMAIL info@innervatefit.com

ADDRESS 398 Race Course Road, Singapore 21865

16 Community Programmes

Ageless Bicyclists

Persons with Disabilities

Offers an inclusive and comprehensive cycling programme designed to empower individuals with different abilities.

ORGANISATION

Ageless Bicyclists Ltd
(ABL)

WEBSITE agelessbicyclists.org/opportunity

EMAIL gday@agelessbicyclists.org

All That Roller

Children with Special Needs

Offers inline skating (or 'roller-skating') classes that are accessible to children with special needs to build endurance, agility, flexibility, speed, balance, and coordination.

ORGANISATION

All That Roller

PHONE

9793 3844

WEBSITE allthatroller.com

EMAIL hello@allthatroller.com

ADDRESS 71 West Coast Highway, Singapore 126844

APSN Alumni Services

Mild Intellectual Disability

Provides lifelong support services for their alumni that help them explore new interests and acquire useful skills for personal development through activities and workshops. Any student emerging from the APSN system is considered an APSN Alumnus.

ORGANISATION

Association for Persons
with Special Needs (APSN)

PHONE

8339 7538
(SMS only)

WEBSITE apsn.org.sg/apsn-alumni-services

EMAIL alumni@apsn.org.sg

Art & Disability Singapore (ART:DIS) Persons with Disabilities

Provides continuous learning opportunities for persons with disabilities in the arts through two pathways: Visual Arts, and Performing Arts. Each pathway consists of four levels: Foundation, Artist-in-Training, Emerging Artist, and Professional Artist.

ORGANISATION

ART:DIS (formerly known as Very Special Arts Singapore)

WEBSITE artdis.org.sg

EMAIL general@artdis.org.sg

ART:DIS @ Bedok

133 Bedok North Avenue 3
#01-138,
Singapore 460133

PHONE
6448 6275

ART:DIS @ Changi

5 Changi Business Park Central
1 #03-01, Changi City Point,
Singapore 486038

PHONE
6604 9431

ART:DIS @ Bukit Merah

3779 Jalan Bukit Merah,
#03-02 Community Hub,
Singapore 159462

PHONE
6908 7057

ArtSE Persons with Disabilities

A social enterprise that provides art workshops and programmes as a platform for persons with vulnerabilities to use fine art to develop motor skills, cultivate mindfulness, bridge values, grow and bond.

ORGANISATION

ArtSE

WEBSITE artse.sg

CONTACT artse.sg/contact-us

Beesy Hands Persons with Disabilities

Offers a diverse range of curated arts and crafts workshops, each designed to cater to persons with different abilities.

ORGANISATION

Beesy Hands Pte Ltd

PHONE

9621 7228

WEBSITE beesyhands.com.sg

EMAIL joyceseah@beesyhands.com.sg

18 Community Programmes

Click Autism

A social enterprise providing enrichment programmes for individuals with special needs, to acquire independent living skills and provide opportunities for them to participate in leisure and community activities. There are also caregiver, professional, and volunteer training workshops.

ORGANISATION

Click Pte Ltd

PHONE

8684 6458

WEBSITE clicksped.sg

EMAIL admin@clicksped.sg

ADDRESS 203 Hougang Street 21 #04-83, Singapore 530203

Connected Communities Services by Rainbow Centre Persons with Disabilities

A case management and life-coaching service for young adults with moderate to severe disabilities to help them participate meaningfully in the community, built on Rainbow Centre's Good Life Framework.

ORGANISATION

Rainbow Centre
Singapore

PHONE

6817 9410

WEBSITE rainbowcentre.org.sg/young-adults

EMAIL ccs@rainbowcentre.org.sg

Cerebral Palsy Alliance Singapore (CPAS) Multiple Disabilities Connect Alumni Programme

Engaging students and clients who have graduated from CPAS School or left the programmes under Adult Services. They provide social interaction activities, ad-hoc events and mentoring for employment including industrial visits, home visits, connecting services, and alumni collaboration.

ORGANISATION

Cerebral Palsy Alliance
Singapore (CPAS)

PHONE

6585 5643

WEBSITE cpas.org.sg/cpas-connect

EMAIL hqadmin@cpas.org.sg

ADDRESS CPAS Cerebral Palsy Centre, 65 Pasir Ris Drive 1, Singapore 519529

Cerebral Palsy Alliance Singapore (CPAS) Therapy Rehabilitation

Physical Disabilities

Provides integrated therapy and social intervention programmes for clients with cerebral palsy from home-based care to outpatient services (also includes clients with other physical disabilities).

ORGANISATION

Cerebral Palsy Alliance
Singapore (CPAS)

PHONE

6585 5600

EMAIL

hqadmin@cpas.org.sg

ADDRESS

CPAS Cerebral Palsy
Centre, 65 Pasir Ris
Drive 1, Singapore
519529

WEBSITE cpas.org.sg/our-work/home-management-programme
cpas.org.sg/our-work/outpatient-programme

Cycle School Singapore

Persons with Disabilities

Offers inclusive cycling programmes for individuals with special needs.

ORGANISATION

Cycle School Singapore
Pte Ltd

PHONE

9755 2844

WEBSITE cycleschoolsg.com

CONTACT cycleschoolsg.com/contact-us

ADDRESS 78 Moh Guan Terrace, Singapore 162078

Dove Doodle

Persons with Disabilities

A social enterprise that supports artists with disabilities and engages them to run art workshops. The purpose is to create employment for them and to fulfil the social mission.

ORGANISATION

Dove Doodle

PHONE

9358 9923

WEBSITE dovedoodle.com.sg

EMAIL enquiry@dovedoodle.com.sg

ADDRESS 37 Kallang Pudding Rd, #07-06 Tong Lee Building, Singapore 349315

20 Community Programmes

Down Syndrome Association (Singapore)

Down Syndrome

Intellectual Disabilities

This social service agency established in 1996 provides a range of programmes for children and adults with Down Syndrome, such as arts, sports, and functional life skills.

ORGANISATION

Down Syndrome Association (Singapore)

PHONE

6500 9321

EMAIL

admin@downsyndrome-singapore.org

ADDRESS

Junction 8
(Office Tower)
9 Bishan Place #09-01
Singapore 579837

WEBSITE downsyndrome-singapore.org/our-services#pane-B
downsyndrome-singapore.org/our-services#pane-C

Drum Prodigy (DPSG)

Persons with Disabilities

A music academy that provides music education and wellness programmes as well as training and employment opportunities for adults with special needs.

ORGANISATION

Drum Prodigy Singapore

PHONE

8661 5107

WEBSITE drumprodigy.sg/drum-prodigy-programmes

EMAIL info@drumprodigy.sg

ADDRESS Bras Basah Branch: Bras Basah Complex, 231 Bain Street, #02-93, Singapore 180231
Hougang Branch: 620 Hougang Ave 8 #01-268, Singapore 530620

Eden Activity Club

Autism

Offers social integration opportunities for adults on the autism spectrum who may face employment challenges or have limited access to support services. Programmes include culinary/baking, health and fitness, music, outings and workshops. Each activity is based on a 10-week cycle.

ORGANISATION

Autism Association (Singapore)

PHONE

6774 6649

WEBSITE autismlinks.org.sg/programmes/eac

EMAIL enquiry@autism-association.org.sg

ADDRESS 101 Bukit Batok West Avenue 3 #01-01, Singapore 659168

Edible Gardening @ Jurong Lake Gardens

Persons with Disabilities

Offers an opportunity for gardening enthusiasts to actively engage in volunteering and contribute to the maintenance of the Gardens' edible plant collection. Volunteers will get to participate in pruning, watering, seed sowing, weeding, and general garden maintenance, in an outdoor environment.

ORGANISATION

National Parks Board

PHONE

6513 1766

EMAIL

juronglakegardens@nparks.gov.sg

WEBSITE volunteer.gov.sg/volunteer/opportunity/details/?id=30150c60-907b-ed11-aa0a-8af5e23ce689**ADDRESS** GardenHouse, Jurong Lake Gardens, 50 Yuan Ching Road, Singapore 618661**ELEVATE by Maya Dance Theatre**

Intellectual Disabilities

Autism

A programme that focuses on enabling persons with disabilities to be semi-professional dancers, developing performance abilities and technique training in contemporary dance, and equipping them with skills to handle performance-related tasks like technical management, and simple arts administration.

ORGANISATIONMaya Dance Theatre
Ltd**PHONE**

6392 0036

WEBSITE dadcsg.org/portfolio/elevate**EMAIL** info@mayadancetheatre.org**ADDRESS** 61 Kerbau Road, Singapore 219185

22 Community Programmes

Elevate Performance Gym

Persons with Disabilities

An inclusive gym that offers classes designed for persons with disabilities or special needs, to build strength and improve mobility.

ORGANISATION

Elevate Performance
Gym

PHONE

8879 6885

EMAIL

hello@elevateperformancegym.com

WEBSITE elevateperformancegym.com/service-page/epic

ADDRESS 3 Neil Road, Singapore 088805

Enabling Services Hubs (Enabling Guide)

Persons with Disabilities

Enabling Services Hubs (ESHs) provide local support for individuals with disabilities and caregivers. ESH@Tampines, a partnership between SG Enable and SPD, strengthens the Tampines/Bedok community. It offers befriending, recreational services, and disability courses. Collaborating with organisations like People's Association and schools, ESH fosters inclusivity.

ORGANISATION

SG Enable
SPD

PHONE

6230 9902
1800 8585 885

WEBSITE

enablingguide.sg/esh
spd.org.sg/enabling-services-hub

EMAIL eshtamp@spd.org.sg

ADDRESS Tampines West Community Club, Tampines Avenue 3 #03-11/12, Singapore 529705

Equal Ark Persons with Disabilities

Offers programmes with therapy horses and therapy dogs to develop social-emotional skills in youth and those with special needs.

ORGANISATION

Equal Ark

PHONE

6904 0422

EMAIL

youthprogramme@equal.org.sg
canineprogramme@equal.org.sg

WEBSITE equal.org.sg**ADDRESS** Headquarters: 100 Jalan Mashhor, Singapore 299177

Canine Programme Centre: Enabling Village, 20 Lengkok Bahru, #01-19C, Singapore 159053

Extra•Ordinary People (EPL) Persons with Disabilities

Established in July 2017 as a registered charity, EPL has an engagement programme that focuses on building essential living skills and a vocational training programme to prepare individuals for open employment, or to be able to join social enterprises.

ORGANISATION

Extraordinary People
Limited (EPL)

PHONE

6286 5088

WEBSITE extraordinarypeople.sg/extraordinary-campus**EMAIL** contact@extraordinarypeople.sg**ADDRESS** 7500A Beach Road #01-313, The Plaza Block A, Singapore 199591

24 Community Programmes

Faith Music Centre

Persons with Disabilities

Offers music courses in keyboard, drums, acoustic guitar, bass guitar, and ukulele for persons with disabilities. No prior musical background is required.

ORGANISATION

Faith Music Centre

WEBSITE faithmusic.com.sg

EMAIL faithmusic.com.sg/contact

ADDRESS Stadium MRT, 3 Stadium Walk #01-08/09, Singapore 397692

Glow in the Dark

Persons with Disabilities

A professional training and development company that offers enrichment workshops and talks independently conducted by persons with disabilities.

ORGANISATION

Glow in the Dark

WEBSITE glowinthedark.sg

EMAIL info@glowinthedark.sg

Grace Mission Farm

Autism

Helps people with autism integrate into society through rehabilitation, activities, training and jobs. It runs various programmes from horticulture craft courses to sea sports programmes. It also provides special needs therapy for children or young people with autism.

ORGANISATION

Grace Mission Agri
Pte Ltd

WEBSITE gracemissionsg.com

CONTACT gracemissionsg.com/contact

ADDRESS Techplace 1, 4009 Ang Mo Kio Avenue 10 #07-K1, Singapore 569738

Guide Dogs Singapore Visual Impairment

A social service organisation that caters to the blind and vision-impaired community. Their programmes cover Orientation & Mobility Training, focusing on safe travel techniques using mobility aids and mental mapping, and Independent Living Skills Training, enabling clients to manage daily tasks independently.

ORGANISATION

Guide Dogs Singapore
(GDS)

PHONE

6339 7900

WEBSITE guidedogs.org.sg/our-services

EMAIL admin@guidedogs.org.sg

ADDRESS Midview City, 20 Sin Ming Lane #02-53, Singapore 573968

Healing Horses Singapore Persons with Disabilities

This private social enterprise specialises in early intervention for children, offering unique indoor and outdoor therapeutic horse-riding training in Singapore. Their services assist individuals with various conditions such as ADHD, anxiety, autism, and cerebral palsy. They address needs like developmental delay and sensory processing disorders.

ORGANISATION

Healing Horses
Singapore

PHONE

9421 5309
8749 3422

WEBSITE healinghorsessingapore.org

EMAIL c.rogers@healinghorsessingapore.org

ADDRESS 100 Jalan Mashhor, Singapore 299177

26 Community Programmes

HWA Physical Disabilities

Founded in 1969, HWA, formerly known as Handicap Welfare Association, is an organisation run by persons with disabilities to promote self-help and provide mutual support among them in Singapore. It provides services that range from rehabilitation to transport as well as home care services.

ORGANISATION

HWA

WEBSITE hwa.org.sg

EMAIL hwa@hwa.org.sg

ADDRESS

16 Whampoa Drive,
Singapore 327725

PHONE

6254 3006

ADDRESS

Jurong Point Shopping Centre
1 Jurong West Central 2 # 04-03,
Singapore 648886

PHONE

6790 8636 / 6790 9029

Jojomama Persons with Disabilities

A professional training and development company that offers enrichment workshops and talks independently conducted by persons with disabilities.

ORGANISATION

Jojomama

PHONE

8253 9800

WEBSITE jojomama.net/join-us

EMAIL jojomama.net@gmail.com

ADDRESS Cendex Centre, 120 Lower Delta Road #02-07, Singapore 169208

Learn to Play by Singapore Disability Sports Council Persons with Disabilities

A programme offered by the Singapore Disability Sports Council (SDSC), the national sports body for persons with disabilities, founded in 1973. Persons with disabilities new to sport can try out a disability sport by SDSC or their partner organisations. The programme is run by trained instructors and coaches.

ORGANISATION

Singapore Disability
Sports Council (SDSC)

PHONE

6342 3501

WEBSITE sdsc.org.sg/pathway

CONTACT sdsc.org.sg/pathway

ADDRESS 3 Stadium Drive, #01-34, Singapore 397630

LJE Sports Persons with Disabilities

Provides Special Needs Basketball, a tailored programme for individuals with special needs. This initiative introduces basketball fundamentals at a relaxed pace, ensuring enjoyment without pressure, fostering a positive learning experience.

ORGANISATION

LJE Sports Pte Ltd

PHONE

9433 7047

WEBSITE ljesports.com/special-needs-basketball

EMAIL contact.us@ljesports.com

ADDRESS Horsecity, 100 Turf Club Road, Singapore 287992 (outdoor sheltered court)
Chinese Swimming Club, 21/34 Amber Road, Singapore 439870

28 Community Programmes

Muscular Dystrophy Association Singapore (MDAS) Bridge Pro Framework

Muscular Dystrophy

A customised curriculum built towards developing each person with muscular dystrophy from foundational life-skills, personal and wellness development, to vocational and job-readiness skills. Individuals improve their quality of life both physically and psychologically. The curriculum creates consistent support in various aspects of an individual's life.

ORGANISATION

Muscular Dystrophy Association
Singapore (MDAS)

PHONE

6259 6933

WEBSITE mdas.org.sg

EMAIL mdas@mdas.org.sg

ADDRESS Junction 8 (Office Tower) 9 Bishan Place #06-04, Singapore 579837

Me Too! Club by MINDS

Intellectual Disabilities

A social integration programme offered by MINDS for persons with intellectual disabilities through leisure and befriending activities organised by dedicated befrienders.

ORGANISATION

Movement for the Intellectually
Disabled of Singapore (MINDS)

PHONE

6547 8502

WEBSITE minds.org.sg/for-adults/mtc

EMAIL mtc@minds.org.sg

ADDRESS Kembangan-Chai Chee Community Hub, 11 Jalan Ubi, Block 3, Level 2, Singapore 409074

MINDS MYG

Intellectual Disabilities

Autism

Formerly known as MINDS Youth Group, this is the subsidiary voluntary wing of MINDS, that serves beneficiaries of different age groups and functions, ranging from children to adults and from low to high support needs.

ORGANISATION

Movement for the Intellectually
Disabled of Singapore (MINDS)

WEBSITE myg.org.sg

EMAIL jieyin.wee@minds.org.sg

ADDRESS 800 Margaret Drive, Singapore 149310

Mustard Tree Persons with Disabilities

Offers a craft training programme conducted at its premises. Students can learn floristry, sewing, patchwork, and more.

ORGANISATION

Mustard Tree

PHONE

8894 9019

WEBSITE mustardtree.com.sg**EMAIL** mustardtree.com.sg@gmail.com**RETAIL SHOP**

Ng Teng Fong General Hospital, Tower A
1 Jurong East Street 21 #02-16,
Singapore 609606

TRAINING CENTRE

Devan Nair Institute
80 Jurong East Street 21, #04-03 B & C,
Singapore 609607

National Library Board (NLB) Persons with Disabilities
Accessible Membership

Provides an expanded scope of library services across all libraries for persons with disabilities, on top of basic library membership privileges. It is a lifetime membership where persons with disabilities can enjoy a longer borrowing period, longer renewal period, free reservation of items, and priority access to features in Punggol Regional Library.

ORGANISATION

National Library Board
(NLB) Singapore

PHONE

9433 7047

CONTACTgo.gov.sg/nlb-form-feedback**WEBSITE** nlb.gov.sg/main/services/library-membership/types-of-membership**ADDRESS** Punggol Regional Library @ One Punggol, 1 Punggol Drive, #01-12, Singapore 828629

30 Community Programmes

Oasis Day Centre

Mild Developmental Disorders

Mental Illness

A psychiatric rehabilitation programme offered by the Singapore Association for Mental Health for people recovering from a mental illness or have a dual diagnosis i.e. mild developmental disorders and mental illness. Services range from counselling to exercise programmes.

ORGANISATION

Singapore Association for Mental Health (SAMH)

PHONE

6282 6332

EMAIL

oasis@samhealth.org.sg

WEBSITE samhealth.org.sg/our-services/rehabilitation/samh-oasis-day-centre

ADDRESS Block 139 Potong Pasir Avenue 3, #01-132, Singapore 350139

Our Lives Our Voices Self-Advocacy Programme

Intellectual Disabilities

Developmental Disabilities

This programme encourages participants to speak about their own needs and be 'voices' for persons with intellectual and developmental disabilities in the community.

ORGANISATION

Singapore Association for Mental Health (SAMH) /
Down Syndrome Association (Singapore)

PHONE

6479 5655

EMAIL

olov@minds.org.sg

WEBSITE minds.org.sg/for-adults/self-advocacy-programme

ADDRESS 900 New Upper Changi Road, Singapore 467354

PLAYtime! Together by Esplanade Persons with Disabilities

An engaging theatre series for children by Esplanade. Productions are aimed at children aged 3-6 years, exploring the guiding themes of social and emotional development. All performances are Relaxed Performances, welcoming children with diverse needs and admitting members of all ages.

ORGANISATION

Esplanade

PHONE

6828 8377

WEBSITE esplanade.com/playtime

CONTACT esplanade.com/contact-us

ADDRESS 1 Esplanade Drive, Singapore 038981

PLove Atelier Persons with Disabilities

A social enterprise specialising in handcrafted leather artisanal and corporate gifts by artisans with special needs. It offers craft training for individuals with special needs.

ORGANISATION

Personalised Love

PHONE

9199 4904

WEBSITE plove.com.sg/the-plove-story

EMAIL info@personalisedlove.com

ADDRESS PLove Studio @ Jurong, 351 Jurong East Street 31 #02-93, Singapore 600351

Project Ocean Therapy by Grace Mission Autism

Offers the Stand Up Paddling programme to help individuals with autism hone water sports skills and connect with nature. Classes are held at Sentosa Siloso Beach.

ORGANISATION

Grace Mission SG Ltd

PHONE

9783 3440

WEBSITE

facebook.com/projectoceantherapy

ADDRESS Siloso Beach, Singapore 099005

32 Community Programmes

Project YoungStar Autism

A ground-up initiative that aims to develop teens and adults on the autism spectrum through home-based work. Their caregivers are also taught skills in making cards and eco-enzyme household cleaners using orange peels. The end product is quality controlled and sold through social media. Proceeds from sales go back to the respective makers.

ORGANISATION

Project YoungStar
(a ground-up project)

PHONE

9783 1831

WEBSITE facebook.com/YoungStarSG

EMAIL lim_wei_ping@yahoo.com

Runninghour Persons with Disabilities

An inclusive sports co-operative that promotes integration of persons with special needs through sports. Services include fitness training for visually-challenged secondary school students and inclusive sports events for schools.

ORGANISATION

Runninghour Co-operative
Limited

PHONE

9050 5398

WEBSITE runninghour.com/activities

EMAIL admin@runninghour.com

ADDRESS 1 Turf Club Avenue, Singapore 738078

S3 Stroke Rehabilitation Acquired Physical Disability due to Stroke

A ground initiative started by volunteers to support stroke survivors and caregivers in their stroke journey. S3 programmes are supported by medical professionals and therapists from various acute and community hospitals in Singapore.

ORGANISATION

Stroke Support Station
(S3)

PHONE

6473 3500

WEBSITE s3.org.sg

EMAIL info@s3.org.sg

ADDRESS Enabling Village, 20 Lengkok Bahru #01-04, Singapore 159053

Singapore Fashion Runway Persons with Disabilities

A social enterprise that focuses on collaborating with people with special needs/disadvantaged groups through its Fashion for a Social Cause movement. Through the enterprise, people with special needs will learn about the creative arts (design, art, crafts-making and photography), performing arts (modelling, dance, singing and public speaking) and/or entrepreneurship.

ORGANISATION

Singapore Fashion Runway Pte Ltd

PHONE

9766 2490

EMAIL

welovesfr@gmail.com

WEBSITE singaporefashionrunway.com/pages/fashion-for-a-social-cause

ADDRESS 31 Marina Coastal Drive #B1-03, Singapore 018988
(Marina South Pier MRT Station, next to the ticketing counter.)

Singapore Pro Soccer Academy Persons with Disabilities

Offers inclusive soccer coaching for individuals with different playing levels.

ORGANISATION

Singapore Pro Soccer Academy

PHONE

8742 8292

WEBSITE

sgprosoccer.business.site

ADDRESS Carpark C, 220 Turf Club Road, Singapore 288001

Social Gifting Persons with Disabilities

A not-for-profit social enterprise, founded by undergraduates from Singapore University of Social Sciences (SUSS). Their crafters include differently-abled individuals with special needs who are empowered through the creation of products. It also helps them to earn a passive income from the comfort of their homes.

ORGANISATION

Social Gifting

PHONE

8756 7208

WEBSITE social-gifting.com

EMAIL hello@sgifting.com

34 Community Programmes

Social Leisure Club by the Autism Resource Centre

Autism

The club provides an avenue for Pathlight School graduates to meet on a regular basis in a safe, autism-friendly environment. It aims to encourage lifelong learning, healthy lifestyle choices, and social interaction among members.

ORGANISATION

Autism Resource Centre
(ARC)

PHONE

6323 3258

WEBSITE

reports.autism.org.sg/2018-2019/services-slc.php

ADDRESS 5 Ang Mo Kio Avenue 10, Singapore 569739

Special Olympics Singapore

Persons with Disabilities

Provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities. These give them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship.

ORGANISATION

Special Olympics

PHONE

6293 3182

EMAIL

admin@specialolympics.org.sg

WEBSITE specialolympics.org/programs/asia-pacific/singapore?locale=en

ADDRESS Block 2 Saint George's Road, #01-65, Singapore 322002

SportsCares and ActiveSG Programmes Persons with Disabilities

SportCares champions community inclusion by offering tailored sports initiatives for individuals with disabilities and special needs. Yes! I Can, led by certified coaches, focuses on fundamental sports skills. Play-Ability, a collaboration with Temasek Foundation Cares, provides recreational sports opportunities. Caregiver workshops are also available.

ORGANISATION

SportCares
Sport Singapore

PHONE

9766 2490

EMAIL

inclusivesport@sport.gov.sg

WEBSITE sportcares.sportsingapore.gov.sg/persons-with-disabilities/disability-sports-programmes

ADDRESS 3 Stadium Drive, Singapore 397630

Swimrific Persons with Disabilities

Provides swimming classes, regardless of age or ability, as well as swimming and water safety classes for individuals and families for ages 6 months and up.

ORGANISATION

Swimrific

PHONE

8161 1208
(WhatsApp only)

WEBSITE swimrific.com

EMAIL hello@swimrific.com

ADDRESS Woods Square Solo 2, 8 Woodlands Square, Singapore 737713

36 Community Programmes

The Everyday Revolution (TER)

Persons with Disabilities

A social enterprise focused on working with young adults with special needs, who are able to do any form of artworks and handicrafts. Family members may help out the individuals in producing these handcrafted gifts.

ORGANISATION

The Everyday Revolution

PHONE

9677 7900

WEBSITE ter.sg

EMAIL vincent@ter.sg

ADDRESS 19 Binchang Rise, Singapore 579886

The Purple Symphony

Persons with Disabilities

An inclusive orchestra that has musicians with and without disabilities. Its members play a range of Asian and Western instruments from five key musical sections: Strings (Plucked), Strings (Bow), Wind, Percussion and Choir.

ORGANISATION

Central Singapore CDC

EMAIL pa_centralssingapore@pa.gov.sg

ADDRESS Performance locations may vary.

WEBSITE centralsingapore.cdc.gov.sg/programmes/socio-emotional-wellness/the-purple-symphony

The Radiant Spectrum

Intellectual Disabilities

Autism

Offers tailored music education for children and young adults with special needs aged 4-20. Emphasis is on enjoyable songs, avoiding rigid techniques unless students are ready to progress. Instructors adapt based on the child's readiness. Annual recital participation is encouraged. A trial assessment is mandatory to identify learning and behavioural needs.

ORGANISATION

The Radiant Spectrum

PHONE

8023 0602

WEBSITE theradiantspectrum.com

EMAIL theradiantspectrum@gmail.com

ADDRESS International Plaza, 10 Anson Road #16-16, Singapore 079903

The Very Special Choir

Persons with Disabilities

An inclusive choir with almost 30 members, which includes children with special needs such as Down Syndrome, autism, Global Development Delay, ADHD and more. A parent-led initiative, it offers choral training and organises retreats, overseas trips, community baking sessions, outings, art and craft sessions, etc.

ORGANISATION

The Very Special Choir

WEBSITE lilbrushes.org/the-very-special-choir

EMAIL veryspecialchoir@gmail.com

ADDRESS Rainbow Centre Margaret Drive, 501 Margaret Drive, Singapore 149306

The Visionary Art Workshop

Persons with Disabilities

Guided by an experienced London-trained specialist, the programme explores art and aims to guide the participants to be aware of their unique talents. The programme includes diverse art mediums and techniques in easy-to-follow classes.

ORGANISATION

The Visionary Art Workshop

PHONE

9754 3149

WEBSITE thevisionaryartworkshop.com/art-for-special-needs

EMAIL contact@thevisionaryartworkshop.com

ADDRESS Nassim Road, Singapore

38 Community Programmes

Therapeutic Horse Riding for the Disabled

Developmental Disabilities

Sensory Disabilities

Physical Disabilities

Riding for the Disabled Association Singapore offers free horse-riding therapy (hippotherapy or equine-assisted therapy) to children and adults with disabilities to develop psychological and cognitive skills, including improved life skills, independence, confidence, communication, motivation and trust.

ORGANISATION

Riding for the Disabled
Association (RDA) Singapore

PHONE

6250 0176

WEBSITE rdasingapore.org

EMAIL mail@rdasingapore.org.sg

ADDRESS RDA Centre, 5 Jalan Mashhor, Singapore 299174

TOUCH Silent Club

Deaf or Hard-of-Hearing

Launched in 1993 by TOUCH Community Services, this programme offers academic coaching, social activities, and youth leadership programmes. They facilitate job matching for persons with disabilities, host support groups for parents of hearing-impaired children, and offer enriching programmes for hearing-impaired seniors.

ORGANISATION

TOUCH Community
Services

PHONE

6251 4633

EMAIL

silent.club@touch.org.sg

WEBSITE touch.org.sg/about-touch/our-services/touch-silent-club-homepage

ADDRESS 162 Bukit Merah Central #05-3555, Singapore 150162

YMCA Youth Support (Special Needs) Persons with Disabilities

A range of arts, sports and employment training programmes that aims to build confidence, resilience and independence in youth with special needs.

ORGANISATION

YMCA of Singapore

PHONE

6336 8003

ADDRESS 1 Orchard Road, Singapore 238824

EMAIL csp@ymca.org.sg

WEBSITE ymca.org.sg/community-services/ymca-youth-support-special-needs/

Young Adult Activities! by Rainbow Centre Moderate to Severe Disabilities

A social activity club that aims to enhance the quality of life for persons with moderate to severe disabilities by reducing social isolation. Members and their caregivers are brought together through a variety of ability-appropriate activities that cater to members' interests.

ORGANISATION

Rainbow Centre
Singapore

PHONE

6817 9516
8691 3053

WEBSITE rainbowcentre.org.sg/young-adults

EMAIL yaa@rainbowcentre.org.sg

Youth Employment Support by Metta Welfare Association Intellectual Disabilities Autism

Supporting Metta School graduates, the program fosters independence and societal integration. Arts@Metta teaches batik painting and pottery in an inclusive setting. Eco@Metta recycles orange peels into eco-friendly cleaners. Additionally, vocational and life skills training are offered at Metta Café, empowering graduates for inclusive living.

ORGANISATION

Metta Welfare
Association

PHONE

6580 4651

WEBSITE metta.org.sg/youth-employment-support

EMAIL alumni@metta.org.sg

ADDRESS 32 Simei Street 1, Level 4, Singapore 529950



Lifelong Learning

Programmes and services offered by various providers for lifelong learning to equip participants with the tools to conquer new challenges, gain confidence, and embrace opportunities.

Graduating SPED school students may further their education by pursuing vocational programmes in a SPED school or vocational institution, or pursue further studies at an Institute of Higher Learning, depending on their interests, strengths, and aspirations.

Education (Enabling Guide) Persons with Disabilities

For students with special educational needs in SPED schools, they may choose to further their education in Institutes of Higher Learning (IHLs). They may also choose to explore options in Vocational Education to better equip and prepare them to join the workforce upon graduation.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

contactus@sgenable.sg

WEBSITE enablingguide.sg/im-looking-for-disability-support/education

Enabling Academy Persons with Disabilities

A disability learning hub that seeks to foster an inclusive society for persons with disabilities to live, learn and work. It rallies partners from the education, business, and disability sectors to provide responsive and quality learning opportunities for persons with disabilities, and to enable their network of support through training.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

training@sgenable.sg

WEBSITE sgenable.sg/your-first-stop/training-consultancy/enabling-academy/training/persons-with-disabilities



Employment

Open Employment

Being hired by an employer in the open market.

Supported Employment

Being hired by an employer with sustained job support. The job scope and/or tasks may be customised to suit the abilities of the person with disability.

Job Placement and Job Support (Enabling Guide)

Persons with Disabilities

SG Enable and its partners, Autism Resource Centre (Singapore), Movement for the Intellectually Disabled of Singapore (MINDS) and SPD, are agencies funded by the government to provide Job Placement Job Support (JPJS) services.

These agencies will work with the jobseekers to see what support is required, which could range from job matching to job coaching that can last up to 12 months.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

employment@sgenable.sg

WEBSITE
enablingguide.sg/im-looking-for-disability-support/training-employment/job-placement-and-job-support
Educarer Aide Training (ECAT)

Females with Disabilities

Presbyterian Community Services offers the Educarer Aide Training (ECAT) Programme, preparing females with special needs for preschool roles. Upon completing five modules in Fundamentals and Specialist Training, trainees receive an Educarer Aide Training Certificate in Early Childhood Care and Education.

ORGANISATION

Presbyterian Community Services

WEBSITE pcs.org.sg/services/pcs-ospace/ecat**EMAIL** ecat@pcs.org.sg**ADDRESS** Block 372 Jurong East Street 32 #01-400, Singapore 600372

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Enabling Business Hubs (Enabling Guide)

Persons with Disabilities

Supporting individuals with disabilities, Enabling Business Hubs (EBHs) offer personalised job assistance and inclusive work environments. These hubs, launching by 2023 starting near Lakeside MRT, act as industry training centres. They provide services like vocational assessment, training, job matching, and post-placement support, aiming to match skills and interests, fostering regional employment.

ORGANISATION

SG Enable / Bizlink

PHONE

1800 8585 885

WEBSITE enablingguide.sg/ebh

EMAIL employment@sgenable.sg

ADDRESS EBH@Jurong (Near Lakeside MRT)

Foreword Coffee

Persons with Disabilities

A social enterprise that offers an inclusive work environment for persons with disabilities, special needs, and mental health conditions. Currently, 87% of their staff comes from target beneficiary groups.

ORGANISATION

Foreword Coffee

WEBSITE forewordcoffee.com

CONTACT forewordcoffee.com/pages/contact-us

Inclus Persons with Disabilities

Helps adults with disabilities gain independence and social integration through gainful employment, community building, and supported living. They are building and using an ecosystem of continuous learning, domain expertise, and business partnerships that are powered by technology to create a more inclusive society.

ORGANISATION

Inclus

PHONE

8051 6838

WEBSITE inclus.sg

EMAIL hello@inclus.sg

ADDRESS ITE College Central, Block D, Level 2 #D201G, 2 Ang Mo Kio Drive, Singapore 567720

IronSupperClub Persons with Disabilities

Supports culinary crews with special needs, and provides training and employment opportunities in the F&B industry.

ORGANISATION

IronSupperClub

PHONE

6226 2657
8722 1200

WEBSITE ironsupperclub.com

EMAIL enquiries@ironsupperclub.com

ADDRESS 116 Tanjong Pagar Road, Singapore 088529

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Mushroom Buddies

Intellectual Disability

A social enterprise by E4PID (Employment for Persons with Intellectual Disabilities) that grows and harvests organic mushrooms, trains, and supports employees with special needs.

ORGANISATION

E4PID Cooperative Ltd

PHONE

9818 7569

WEBSITE mushroom-buddies.com

EMAIL chinwah.e4pid@gmail.com

ADDRESS Sprout Hub, 102 Henderson Road, Singapore 159562

School-to-Work (S2W) Transition Programme (Enabling Guide)

Persons with Disabilities

The School-to-Work (S2W) Transition Programme tailors training and work options for students with diverse disabilities, aiming for employment. Based on their profiles and needs, students receive personalised training pathways, aligning with their abilities and preferences. Recommendations are made by participating SPED schools, ensuring customised support for each student.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

s2w@sgenable.sg

WEBSITE [enablingguide.sg/im-looking-for-disability-support/training-employment/school-to-work-\(s2w\)-transition-programme](http://enablingguide.sg/im-looking-for-disability-support/training-employment/school-to-work-(s2w)-transition-programme)

SPD Contact Centre Persons with Disabilities

Provides training and employment opportunities for persons with disabilities in the contact centre industry. Situated at the Enabling Village, the SPD Contact Centre offers a range of outsourced services such as call and e-mail management and other services including tele-survey and data entry.

ORGANISATION

SPD

WEBSITE spd.org.sg/spd-contact-centre

EMAIL information@spd.org.sg

ADDRESS Enabling Village, 20 Lengkok Bahru, Singapore 159053

Trampoline Persons with Disabilities

A research and technology organisation that seeks to bring change and positive impact to the lives of the underprivileged, disadvantaged and vulnerable. Its Achieve Higher Employability through Adapted Development (AHEAD) programme provides blended training, development and employment support programmes based on technology and evidence-based practice.

ORGANISATION

Trampoline

PHONE

6272 7088

WEBSITE trampoline.org/ahead/opportunities

EMAIL contact@trampoline.org

ADDRESS 79 Ayer Rajah Crescent #01-06, Singapore 139955



Sheltered Workshops

Sheltered Workshops offer vocational training and/or employment to adults with disabilities where open employment is not suitable or appropriate.

Government-funded Sheltered Workshop Options

Sheltered Workshops (Enabling Guide)

Persons with Disabilities

Offer employment and/or vocational training to adults with disabilities who do not possess the skills for open employment. They allow participants to practise in jobs or tasks where the processes are simple or broken down into simpler steps. Participants will gain valuable experience at the workshop.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

ad.services@sgenable.sg

WEBSITE

enablingguide.sg/im-looking-for-disability-support/child-adult-care/sheltered-workshops

Other Private Sheltered Workshop Options

Hearts@Work

Intellectual Disabilities

A sheltered workshop service by the Catholic Welfare Services that has in-house work assignments from various private companies for clients to undertake. It provides training in vocational and work skills to raise clients' future employability. The programme also has regular outdoor activities to improve clients' social and communication skills.

ORGANISATION

Catholic Welfare Services

PHONE

6284 8010

EMAIL

andrewhearts@catholicwelfare.org.sg

WEBSITE

catholicwelfare.org.sg/our-programmes-services#pane-3

ADDRESS

c/o Church of the Nativity of the BVM, 1259 Upper Serangoon Road, Singapore 534795



Day Activity Centres

Day Activity Centres are community-based facilities for persons with disabilities to develop daily living and community living skills to maximise their independence.

Government-funded Day Activity Centre Options

Day Activity Centres (DACs) (Enabling Guide)

Persons with Disabilities

A community-based facility designed to equip persons with disabilities with daily living skills and community living skills to maximise their independence. There are also social and recreational activities that are offered to engage persons with disabilities meaningfully. Therapeutic and behavioural intervention services may also be provided at some centres.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

ad.services@sgenable.sg

WEBSITE

enablingguide.sg/im-looking-for-disability-support/child-adult-care/day-activity-centres

52 Day Activity Centres

Other Private Day Activity Centre Options

Mamre Oaks Day Activity Centre

Intellectual Disabilities

Developmental Disabilities

A day centre for persons with intellectual and developmental disabilities where it engages its members with different core activities such as cooking, baking, arts & craft, music, and yoga to keep them active on a daily basis. Mamre Oaks also organises fun workshops and monthly outings to encourage the members to be interactive and to learn a new skill.

ORGANISATION

Mamre Oaks

PHONE

6978 7800

WEBSITE mamreoaks.sg

EMAIL webmail@mamreoaks.sg

ADDRESS St Patrick's School, Brothers' Residence | 490 East Coast Road, Singapore 429058

My Inspiring Journey (MIJ) Hub

Autism

ADHD

Cerebral Palsy

Dyslexia

Down Syndrome

Global Developmental Delay

A non-profit serving students (2-30 years) with autism, ADHD, cerebral palsy, dyslexia, Down Syndrome, and global developmental delay. Their weekend enrichment programme, T:Ed offers weekend ethical and behavioural training. Work Readiness Adult Programme (WRAP) prepares students with learning differences for employment.

ORGANISATION

My Inspiring
Journey Hub

PHONE

9088 8901

WEBSITE mijhub.com/programmes

EMAIL admin@mijhub.com

ADDRESS 116 Changi Road, #05-01 WIS @ Changi

The GUILD International College

Persons with Disabilities

Offers an educational programme that prepares students for independent living and provides them with the skills they need to become accomplished working adults.

ORGANISATION

The GUILD
International College

PHONE

6235 8240

WEBSITE theguild.edu.sg/day-activity-centre-programme**EMAIL** admissions@theguild.edu.sg**ADDRESS** 318A Tanglin Road, Phoenix Park, Singapore 247979

Other Resources

Assistive Technology (Enabling Guide) Persons with Disabilities

With the appropriate choice of an Assistive Technology (AT) device, persons with disabilities can enjoy a more independent life. An AT assessment by a therapist can help identify suitable AT devices and software for a person with disabilities, based on his/her environment and needs.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

contactus@sgenable.sg

WEBSITEenablingguide.sg/im-looking-for-disability-support/assistive-technology**Money Matters (Enabling Guide)** Persons with Disabilities

There are various financial assistance schemes, grants, and funds that persons with disabilities can leverage – to defray the cost of disability supports and assistive technology, secure their financial future, or fund their education.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

contactus@sgenable.sg

WEBSITEenablingguide.sg/im-looking-for-disability-support/money-matters**Transport (Enabling Guide)** Persons with Disabilities

Depending on your transport needs, some modes of transport may be more suitable than others. Public transport is more affordable, but private transport offers more convenience and caters to a wider range of mobility needs.

ORGANISATION

SG Enable

PHONE

1800 8585 885

EMAIL

contactus@sgenable.sg

WEBSITEenablingguide.sg/im-looking-for-disability-support/transport

SG Enable Ltd
20 Lengkok Bahru
(Enabling Village) #01-01
Singapore 159053

1800 8585 885
contactus@sgenable.sg

SG ENABLE

Inclusive society. Enabled lives.